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Clinical Center News

January 1990



CC Newsmakers

Dr. Denis Le Bihan, visiting associate in the CC department of diagnostic radiology, has been awarded the Prix Foucault 1989 from the French Society of Physics. The award recognizes his research in molecular diffusion and blood microcirculation using magnetic resonance. In December, he went to Paris to accept the award. Le Bihan also was honored by the Radiological Society of North America for a particular application of diffusion and blood microcirculation imaging. Temperature imaging is used to control hyperthermia treatments for cancer patients. In November, he received the Magna Cum Laude Award.

After working 28 years in building 10, **Andrew Tyler** retired. He joined NIH in 1961 as part of the housekeeping staff. Two years later he transferred to the materials management department (formerly transportation, transportation/property, and materials handling managements). "When I was sworn in," he recalls, "I was told that no matter what type of degree or diploma one had, everyone was here for the same

purpose—to save lives. Every job was just as important as the next." Tyler will continue to work driving buses, restoring antique cars, traveling, and helping children through church activities. In April 1990, he plans to get married.

Also retiring last month was **Eva Stokes**, lead electrocardiograph technician. Stokes joined NIH 30 years ago as a medical lab technician. Two years later, she accepted a clerical position in the EKG section. After special training, she became a nationally certified EKG technician. She plans to do volunteer work, travel, and work in her garden. □

PAD, spiritual ministry co-host open house

by John P. Leary and Dinah Bertram

On Nov. 16, the spiritual ministry and patient activities departments officially opened their new facilities on the 14th floor of the hospital and co-sponsored an open house for CC staff, patients, and visitors. Guest lecturer Dr. David Compton spoke on challenges facing allied health service professionals in clinical settings. Father Linehan led a tour of the 14th floor chapel, which provides services for many different religions.

Both pediatric and adult patients demonstrated their own use of the new areas, while recreators assisted them with crafts, games, sewing and model building. Other recreation therapists led tours for staff and guests through the patient areas.

Festive red ribbons leading to patient areas—the new craft room, children's playroom, patient lounge and game room, weight room, gymnasium, assembly hall, recreator offices—got cut courtesy of Dr. John Decker, CC director. Raymond Becich, CC executive officer, and Larry Eldridge, associate hospital administrator, officially opened the departments' new administrative offices.

Throughout the afternoon celebration, everyone enjoyed a delicious assortment of finger foods, with orange-raspberry sherbert punch, coffee and teas, set off by a flower centerpiece, courtesy of the CC special events section. □

Primary nursing explained



Patient Education Perspectives

Wendy Schubert

While every patient care unit at the Clinical Center has its unique qualities, one of the common threads that ties them all together is the nursing staff—specifically the concept of primary nursing. Primary nursing is a type of nursing practice in which the primary nurse coordinates all aspects of a patient's care. Personalized and unified care results from such an arrangement.

Robbin Rowe, a nurse on 12 West, has developed a booklet entitled "*Hello, I'm Your Primary Nurse*" to describe all the duties of a primary nurse including providing care, devising a nursing care plan, and patient teaching. Also delineated are ways in which patients and their families can help the primary nurse in the quest for achieving effective patient care.

The Clinical Center can present a formidable aspect in terms of complexity and diversity. Now, however, there is a publication that can help clarify the role of a key resource for patients and their families: the primary nurse.

Copies of this booklet are available by contacting me.

Wendy Schubert is a public affairs specialist in the Office of Clinical Center Communications. She can be reached at 496-2563, or in building 10, room 1C255.

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CC News articles may be used for publication if appropriate credit is given.

CC displays panels from AIDS quilt

World AIDS Day focuses on AIDS in the 1990s

by Ellyn J. Pollack

DHHS and the World Health Organization declared Dec. 1 World AIDS Day to expand and strengthen the worldwide effort to stop AIDS through knowledge and action. It was also a day to sustain and reinforce a spirit of compassion and understanding for people who have AIDS or have been infected with HIV.

To date, more than 112,000 cases of AIDS have been reported in the United States, and more than 66,000 Americans have died from the disease. "Unfortunately, this is only the tip of the iceberg," said Secretary of Health and Human Services Louis W. Sullivan, M.D. "PHS estimates that about a million Americans may already have been infected by HIV. Although the majority of those infected now have no symptoms, the natural history of HIV infection is to progress to serious illness—and ultimately AIDS itself—unless scientists can find a way to stop this progression."

Close to 600 people gathered in the Masur Auditorium on World AIDS Day to learn about "AIDS in the 1990s." According to Cleve Jones, founder and executive director of the NAMES Project

Foundation, the basic questions of the AIDS epidemic remain unaddressed. "In the beginning this was a disease that happened to other people," he said. "It was easy to distance ourselves. We built walls because we were ignorant and fearful."

Jones established the AIDS Memorial Quilt in an effort to reach out to people whose lives had been affected by AIDS. The first time the quilt was displayed at the Mall in 1987, the quilt was comprised of 1,920 panels. Today there are more than 12,000. He has traveled around the world with the quilt, and more than two million people have walked through the pathways of the quilt. "The quilt helps to stitch people's lives together," he added. It presents a united front.

Dr. June E. Osborn, chairperson of the National Commission on AIDS, estimates that the number of AIDS cases will approach 500,000 by 1993. "Our silence is helping [our children] deny their vulnerability as they approach the age of exploration," she said.

In comparing the AIDS epidemic to Hurricane Hugo, she stated that "the storm warnings pertain to all of us [and

we must all take the necessary precautions]. We have only felt the fringes of the storm and, unless we take precautions, relief efforts will not repair the damage to our health care system."

"What we're seeing is an epidemic of disease and an epidemic of infection," added Dr. Anthony Fauci, director of the Office of AIDS Research. People need to address public health issues, including substance abuse, the reemergence of sexually transmitted diseases, the reemergence of tuberculosis, maternal and child health care, mental health and social services, health education, and health care delivery. Development of a vaccine in HIV infection is complex, he emphasized.

"The challenge for us in the 1990s will be enormous," Fauci emphasized. "One thing you can all do, whether you're a scientist or not, is offer understanding and compassion for HIV-infected individuals."

In addition to the "AIDS in the 1990s" program, which was co-sponsored by the Office of AIDS Research and the Fogarty International Center, the NAMES Project Foundation displayed four sections of the AIDS Memorial Quilt in the Clinical Center to mark World AIDS Day. □



Rick Buggs, CTRS, (left) and Lauren Kingsland pooled their resources and talents to help NCI/HIV outpatients make a kaliedoscope quilt from the 12th floor clinic waiting area.

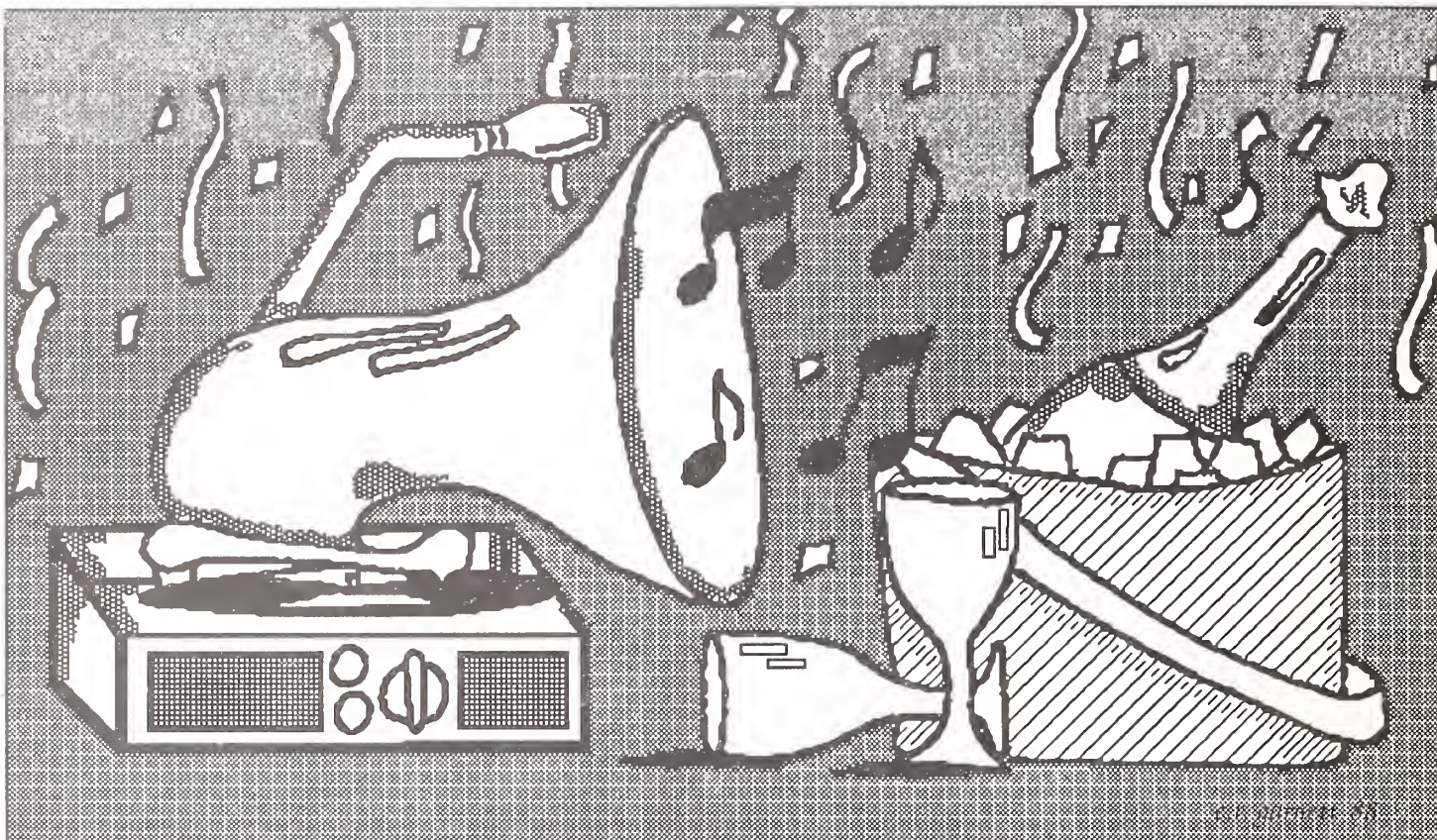
CC AIDS patients create large, colorful quilt

Outpatients of the 12th floor clinic completed a kaliedoscope-patterned quilt, which now hangs in the waiting area.

"Some group project was needed to give patients something to do and to foster a sense of community," says Rick Buggs, CTRS, patient activities department. "We wanted a 'living' piece, not a memorial. Together, the contributions reflect a community."

Lauren Kingsland, PAD consultant, drafted a pattern and made templates. Fabrics came from the fabric pool in the patient activities craft room and from patients participating in the project.

The finished quilt, which is 4' x 8', took six months to complete. Now framed and mounted, the quilt shades from light to dark, and is bordered in blue to match the clinic waiting area. □



JANUARY CALENDAR OF EVENTS

3 Grand Rounds. *Folates and their Inhibitors in Health and Disease*. Dr. Carmen Allegra, NCI. *The Blood Brain Barrier: A Frontier To Be Breached*. Dr. Stanley Rapoport, NIA. Lipsett Amphitheater, noon-1 p.m.

10 Grand Rounds. *Familial Mediterranean Fever*. Dr. Daniel Kastner, NIAMS. *Arrhythmias and Sudden Cardiac Death*. Dr. Lamah Fananapazir, NHLBI. Lipsett Amphitheater, noon-1 p.m.

16 NIH Management Intern Program Information Session. For more information, call 496-6211. Building 10, 11th floor solarium, 11 a.m. to noon.

17 Grand Rounds. *Caution: Endotracheal Suctioning May Be Dangerous to Your Patient's Health*. Marianne Shulay, RN, CC. *Cloning Neurotransmitter Receptors*. Dr. Michael Brownstein, NIMH. Lipsett Amphitheater, noon-1 p.m.

17 NIH Lecture. *Genes that Control Cholesterol*. Dr. Michael S. Brown, University of Texas. Masur Auditorium, 3 p.m.

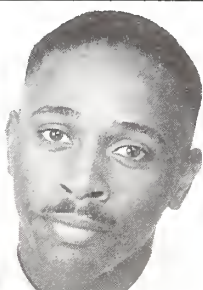
22-24 NIH Consensus Development Conference. *Noise and Hearing Loss*. Open to the public. Admission is free. CME credit. For more information, call 468-MEET. Masur Auditorium, 8:30 a.m. to 5 p.m. on Monday, 8:30 a.m. to 1 p.m. on Tuesday, 9-11 a.m. on Wednesday.

23 NIH Management Intern Program Information Session. For more information, call 496-6211. Building 10, room 9S235, 5-6 p.m.

24 Grand Rounds. *The Professor in Action*. Dr. Richard Kopelman, Tufts New England Medical Center, challenges Dr. Harvey Klein, CC, to decode cryptic clinical cases. Lipsett Amphitheater, noon-1 p.m.

31 Grand Rounds. Clinical Staff Conference. *Genetic Syndromes of Hormone Resistance*. Dr. Jesse Roth, NIDDK, moderator. Lipsett Amphitheater, noon-1:30 p.m.

31 Clinical Staff Conference. *Molecular Genetics of Syndromes of Hormone Resistance*. Dr. Jesse Roth, NIDDK, moderator. *Receptor Defects in Insulin Resistant Forms of Diabetes Mellitus*. Dr. Simeon Taylor, NIDDK. *G-Protein Defects in States of Hormone Resistance*. Dr. Allen Spiegel, NIDDK. *Receptor Defects Associated with Vitamin D Resistance*. Dr. Stephen Marx, NIDDK. *Receptor Defects in States of Thyroid Hormone Resistance*. Dr. Bruce Weintraub, NIDDK. Lipsett Amphitheater, noon-1:30 p.m.



CC News is published monthly for employees like Christopher Womack, patient escort. He has worked at NIH for six years, including two years in the outpatient department. He feels that an escort requires a lot of patience and a strong positive attitude. "I enjoy meeting lots of interesting people and being able to share my smile where needed."